



EFR EMPLOYEE & FAMILY RESOURCES

## FREE COMMUNITY TRAININGS ON SUBSTANCE USE & OVERDOSE PREVENTION

*We all have a role in reducing overdose deaths in our community.*

Not sure where to start? Employee & Family Resources provides free community education in Polk and Warren Counties on overdose prevention and substance use for all audiences, with special emphasis on healthcare workers; first responders; and people who use drugs, folks in recovery, and their support systems.



### Contact us for:



Interactive virtual or in-person trainings tailored to your group or organization



Help providing free NARCAN, the opioid overdose reversal drug, to you or your organization



Programming partnerships for youth and adults

### Training Topics Include:

*(but are not limited to)*

- ✓ Opioid Use
- ✓ Psychostimulant Use
- ✓ Overdose prevention, recognition, and response
- ✓ NARCAN use
- ✓ Poly-substance use
- ✓ Harm reduction
- ✓ Behavioral health equity
- ✓ Stigma associated with substance use
- ✓ Trauma-informed care (first responder specific)
- ✓ How addiction works
- ✓ Overview of commonly used substance
- ✓ The role of family and caregivers in substance use (available in March 2022)

**93%** of participants indicated they would use the information gained from their training.

### Participants noted:

- "Helped [me be] aware of how to approach clients."
- "Great info for everyone!"
- "Caused us as a group to think about how we can influence change."
- "[Presenter] keeps us motivated and anticipates what we need."

To learn more about how we can serve you and to schedule trainings, please contact:

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